



MISSION

Navigating the journey to healing for *all* affected by sexual, relational, and family trauma.

The Compass Center is committed to reducing barriers between survivors and the services they need....including cost.

VISION

To empower our community to find their voice in promoting safety, preventing violence, and instilling hope.

SERVICES

- Individual & Group Therapy
- Crisis Intervention
- Advocacy
- Disability Liaison
- Parent Child Interaction Therapy
- Play Therapy
- Eye Movement Desensitization & Reprocessing
- Sexual Assault Crisis Response
- PREA
- Community Education



Funded by the Bush Foundation and the City of Sioux Falls



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<https://thecompasscenter.org/>



The Little Navigators Program is an education and prevention program offered by The Compass Center to individuals receiving services from your child's childcare center.

For questions regarding the referral process, please contact:

Little Navigator Program Manager

cruz@thecompasscenter.org

Director of Clinical Services

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LITTLE NAVIGATORS PROGRAM SERVICES

Classroom Intervention

Therapists will collaborate with teachers to support, guide and help identify functions and behaviors within the classroom. Therapists will also provide additional consultation for behavior plan intervention and implementation.

Individual Play Therapy

Play Therapy is designed for ages 3-12. This therapeutic approach that holds the belief that play is the primary language of children and the items they use in each session are the words that they choose. Play therapy can assist children in processing their experiences in a developmentally appropriate way.

Social Skills Group

A multi-week curriculum within the classroom focused on teaching social and emotional skills. Children will be invited to participate in group activities, weekly lessons and skills building. Children will be given the opportunity to practice these skills at home and in the classroom setting.

SOCIAL & EMOTIONAL LEARNING

Through social and emotional learning children will:

- learn, practice and apply skills for day-to-day life situations
- focus on learning to identify, manage, and express their emotions
- learn to form and maintain positive relationships with the individuals around them
- establish and encourage coping skills and conflict resolution